

JUNE 2015



COMBALL is a Grundtvig Learning Partnership



Index of Contents

FormAzione Co&So Network / Italy	3
FAIDD / Finland	7
Polish Association for Persons with Intellectual Disabilities Chapter in Jarosław / Poland	9
Jugend am Werk Steiermark / Austria	15
Learning Disabilities Wales	18



OF GOOD PRACTICES INTO OWN ORGANISATION/COUNTRY:

FormAzione Co&So Network / Italy

country	name project/feature	Pers. visited yes	Pers. visited no	Trans - ferab. fully	Trans ferab. partl	description
Poland	Sheltered House	х		Х		This kind of sheltered house exists also in Italy (such as Casa Verde where people with disabilities live autonomously and have supervision of a psychologist and an educator every week).
Poland	European Atmosphere BAR	Х		х		This kind of bar exists already in Florence (the "Ella" bar), it is managed by the "FARO" daycare center. Although all the staff is people with disabilities, there must be always an educator who supports their work from organizational point of view and who coordinates the activities.
Poland	Individual Assistance Center		х			
Poland	Occupational Counselling and Support Center for People with ID – DZWONI		х			



Poland	Self-advocates		X		
Poland	Social cooperative "Document Garden"		Х		
Poland	Weekend self- sufficiency training		Х		
Poland	Weekly self- sufficiency trainings		Х		
Austria	BALANCE Sheltered Workshops		X		
Austria	Das Lunchhaus		Х		
Austria	Fachstelle.hautnah		Х		
Austria	Integrative Wohngemeinschaft - IWG		X		
Austria	Leben im Alter / Life in advanced age		Х		
Austria	Brockenhaus		Х		
Austria	Part-time assistance living, Idlhofgasse Graz	X		X	In Italy it would be more difficult to implement this service because of legal obstacles (law regarding the independent living of people with disabilities), but especially because it's more difficult economically for PwD to maintain a flat. There are some similar living facilities here but PwD are given more support.
Austria	Verein Wegweiser		Х		
*Austria	*Competence and	Х		X	*the service is not on the best practice list but it was visited



	training-center Lauzilgasse				during the final project meeting in Graz. Here PwD procude keychains, there is also a music workshop and an ironing workshop (PwD do ironing services for companies and with the money earned they maintain the workshop) and a restaurant (completely managed by PwD). In Italy the main obstacle is that cooperatives of type "A" can't sell their products and regarding the full management of companies by people with disabilities is not yet clearly regulated by law.
Finland	Consulting health care		Х		
Finland	Siltapuisto housing unit		Х		
Finland	Living solution of young people with intellectual disabilities		X		
Finland	Best neighbour –local working group		Х		
Finland	Aula KeyRing (Aulan Avainrinki)	X		X	The activities of Aula KeyRing would be transferable in our facilities only at the level of educational workshops or socialization activities, but it wouldn't be possible to sell the products because in Italy the laws don't allow to cooperatives of type "A" to sell their products.
Finland	Good practice of living - Hanhenpuisto		Х		
Finland	Radio Valo, Club Marginaaliklubi and cooperation within community		Х		
Finland	House Käpytikka (Käpytikka-talo)	Х		Х	The main obstacle to fully transfer this experience in Italy is represented the mentality of families: young people leave



					their family and start their independent life very late, and it would be particularly difficult to convince parents of people with disabilities to agree with sending their kids to live autonomously. Moreover, in Italy the laws don't allow to incapacitated persons to live autonomously. In these cases it is the social entreprise's responsibility if anything happens in the sheltered house/community home. However, it would be possible to transfer some methodologies seen in Finland in our housing facilities.
UK	Field Days Organic	Х		Х	The activities seen in Wales would be transferable in our facilities only at the level of socialization and education, because in Italy the laws don't allow to cooperatives of type "A" to sell their products (such as garden and gardening).
UK	Real Opportunities Project		Х		
UK	Leaving prison		Χ		
UK	Like2Meet : Dating agency		Х		
UK	Green Shoots Catering		Χ		
UK	E.B's Bakery & Cafe, Deiniolen.		X		
UK	Recycling Services	Х		Х	The best practice is cost-free and it would financially help the organisation who implements this service. Thanks to this project there would be also the opportunity to employ disabled people. However, in Italy the laws don't allow to cooperatives of type "A" to sell their products, therefore we can't fully transfer this best practice to Italy.
UK	Women's Group		Х		



OF GOOD PRACTICES INTO OWN ORGANISATION/COUNTRY:

FAIDD / Finland

country	name	Pers.	Pers.	Trans	Trans	description
	project/feature	visited	visited	-	ferab.	
		yes	no	ferab.	partl	
				fully	У	
Italy	Casa Verde	Х		X		independent living in regular apartment; especially
						employing a person with immigrant background as a
						janitor/assistant could be utilized in Finland
Italy	Leathers work	Χ		X		We have similar facilities in Finland
	laboratory					
Italy	Independent holidays		Χ	Х		Our member organisation is organising similar activities
Poland	Sheltered house	Χ		Х		We have similar facilities in Finland. Especially we were
						impressed on the way support workers are doing their job
						respecting individual need of PWDS.
Poland	European Atmosphere	Χ		Х		The restaurant is operating in a professional and cost-
	Bar					effective way. A similar kind of restaurant will be opened in
						Helsinki in spring 2015 with 70 customer places by FAIDD's
						member organisation Lyhty Association.
Poland	DZWONI	Χ		X		Combining self-advocacy with supported employment is a
						good idea. Especially we liked the way so called transition
						periods were handled. We have a similar project in Finland.
Poland	Self-advocates	Χ		Χ		see previous comments
Austria	InCafe restaurant, Graz	Χ		Х		The restaurant is working in a professional way. Especially
						we liked the location of the restaurant (in the middle of



						regular living area).
Austria	Idlhofgasse apartments, Graz	Х			X	We found the concept of ring of apartments in a regular living complex very good. Especially we liked the way residents were supported and the small family with disabled parents. There are some trials in Finland to organise services this way but high living expenses and shortage of assistants are hindering the development.
Austria	Workshop-centre in Kärtnerstrasse, Graz Workshop Centre in Lauzilgasse, Graz	X		X		We found on the job training model very interesting. The workshop centre was moved to new premises that are more centrally located. Especially, training of ICT-skills made an impression and could be transferrable to Finland.
Austria	Farm project, Attendorf village	Х		Х		We have similar projects in Finland.
Austria	Alpha Nova housing unit	Х		X		The concept was really innovative (students acting as assistants of persons with disabilities) but it might be difficult to transfer to Finland because of the allowance system of students.
Wales	Like2Meet: Dating Agency		Х	X		Dating agency for persons with id is a fresh idea. When persons with disabilities will more and more live independently, they might face lack of social contacts and be lonely. This concept is fully transferable to Finland.



OF GOOD PRACTICES INTO OWN ORGANISATION/COUNTRY:

Polish Association for Persons with Intellectual Disabilities Chapter in Jarosław / Poland

Country	name project/feature	Pers. visited yes	Pers. visited no	Trans - ferab. fully	Trans ferab. partly	description
Italy	Casa Verde	√			V	An added value of this good practice is engaging a person in danger of or excluded and thus resolving an important Italian social issue which is immigration. As for engaging socially excluded persons or persons in a difficult life situation in Poland, the transfer of this element is possible because there are persons for who this type of support might be a possibility for improving their difficult life situation. This would also help in resolving a given facilities' organizational issues.
	Leathers work laboratory	√			√	This type of good practice is known to us. What is worth noticing is cooperation with external companies (cooperation with a renowned leather company Bottega) and thus creating things for a certain aim.
	C.S.E. Centro Socio Educativo II Totem		√			
	"Si puo' fare" (Yes we can) - a short film		√			
	'II Faro' Day care center		✓			
	Corretta Alimentazione ("Healthy diet") project		√			



	ENSO project		✓		
	"Vacanze autonomia" (Independent Holidays) organized by the 'II Faro' Day care center		√		
Austria	BALANCE Sheltered Workshops		√		
	Das Lunchhaus		✓		
	Fachstelle.hautnah		✓		
	Integrative Wohngemeinschaft - IWG		√		
	Leben im Alter / Life in advanced age		√		
	Brockenhaus		✓		
	Part-time assistance living, Idlhofgasse Graz	✓		•	This form of housing model allows the inclusion of persons with disabilities into the mainstream of social life, which creates the opportunity to experience life, with the necessary support assistant. We have seen friendly, real relations between people living there. The support system and help provided by professional staff teaches the residents how to cope with the disabilities. The example a young resident who become a parent it is a proof of the real support and help in their life.
	Center of competences and training " Lauzilgasse"	√		√	The center offers very attractive forms of vocational activation for people with disabilities. There are workshops such as: computer, manufacturing key chains, parts of water filters, folding small automotive components and laundry service.



					All the activities are very reasonable. Persons with disabilities are not assigned to any of the workshop. They may decide themselves to try the kind of work they like. We were very impressed with the Anklang Band with 20 years of experience guided by a music therapist.
	"Alpha nova integrated shared flat and best friends living"	•			The flat is located in the part of the city inhabited by emigrants. The idea of this form of housing is an innovative solution. The integration concept of a disabled resident with a student resident is very accurate and seems like a very good model. It promotes the inclusion and helps building peer relationships and friendships. This form includes persons with disabilities into student community. Another very positive side of this kind of living form is that PWID can get a professional assistant support if needed. PSOUU Chapter in Jarosław will fully include this form of a good practice in one of our flats (September 2015).
	Verein Wegweiser		✓		
Finland	Consulting health care		✓		
	Siltapuisto housing unit		✓		
	Living solution of young people with intellectual disabilities		√		
	Best neighbour –local working group		√		
	Aula KeyRing (Aulan Avainrinki)	√		√	From the information concerning the way of supporting persons with disabilities by the organization staff, given to us during the visit, we were interested in the way of



	Cood practice of living		√			understanding and practical implementation of the idea of community based living (not in closed facilities, more freedom and autonomy of persons with disabilities, maximum independence – minimum support, focusing on functioning of the persons in their dwelling place and every-day life, supporting them in their natural surroundings).
	Good practice of living - Hanhenpuisto		•			
	Radio Valo, Club Marginaaliklubi and cooperation within community		√			
	House Käpytikka (Käpytikka-talo)	✓			✓	Using the potential of architecture students to realize the statute aims of the association. The structure of this house gives its' inhabitants vast autonomy, independence in making their own decisions and deciding about themselves.
Wales/ Great Britain	Field Days Organic/ Amelia Trust Farm- Field Days Horticulture	✓		✓		An innovative solution is engaging persons with disabilities in producing vegetables as well as in direct contact while selling the products. Due to this, persons with disabilities are fully included into the mainstream of life. In our offer we have incorporated the idea of a gardening tunnel.
	Real Opportunities Project		√			
	Leaving prison		✓			
	Like2Meet : Dating agency		√			
	Green Shoots Catering		✓			
	E.B's Bakery & Cafe,		✓			



Deiniolen				
Recycling Services/ Antur Waunfawr Cibyn Idustrial Estate	√			
Menter Fachwen	✓		✓	The idea of supporting persons with disabilities in everyday life deserves special attention (including into the mainstream of life in natural circumstances, individualism, making use of the potential of the natural surroundingsearth resources and slate mines as well as the staffs' potential). We are in the process of transferring the idea of using public transportation.
Women's Group		✓		
SEREN Blaenau Festiniog/ Furniture and clothing recycling, workshop and retail	✓		✓	Cooperation between the staff of different facilities (fulfilling their own needs as well as the needs of others by means of human resources and materials) and simultaneously, putting persons with disabilities in the centre of the organizations' work and fulfilling their needs at different stages of their lives. It is worth to mention that the organization relies a lot on their staff, which causes it to be self- reliant in many spheres.
Warws Werdd/ clothing and furniture recycling center	√		✓	Part of the presented good practice based on selling used furniture and clothes has a lot of advantages but due to the socio- economic situation in Poland, it's transfer would be very difficult. Renting own premises to the local community is a way to include persons with disabilities into the mainstream of life.
Plas y Coed Day Service	√		√	Free of charge possibility to use their conference premises with computers and Internet access (opening up to local community). We have a similar facility in our association.



Gwesty Seren Hotel	√	✓		Cooperation between the staff of different facilities (fulfilling their own needs as well as the needs of others by means of human resources and materials) and simultaneously, putting persons with disabilities in the centre of the organizations' work and fulfilling their needs at different stages of their lives. Making use of the resources and potential of other facilities and organizations.
Glynllifon Park	✓		✓	Huge ecological awareness.
Coleg Llandrillo Menai Further Education Learning Supprt Unit	~	~		Learning in full integration and natural conditions. Practical approach to the educational and didactic processes. Verification of students' progress allows to evaluate their acquired abilities in 100%. Respecting the choices of the students, real and true preparation for work. Wide and well thought course offer connected to the needs of the local labor market.
Sbectrwm Community Enterprise Centre	✓		✓	We have a similar type of facility in our association.
Pedal Power	~		✓	It is an example of open motor and social rehabilitation combined with simultaneous full integration with society. We do not have a similar form of support in our association.
Cardiff International White Water Centre (CIWW)	✓		✓	Cooperation with a water sports center, where persons with disabilities have the possibility to rehabilitate in the water park and simultaneously be fully included into society (in natural conditions).



OF GOOD PRACTICES INTO OWN ORGANISATION/COUNTRY:

Jugend am Werk Steiermark / Austria

country	name project/feature	Pers. visited yes	Pers. visited no	Trans - ferab. fully	Trans ferab. partl	description
IT	Casa Verde	✓		X		independent living in non-special apartment; especially employing a person with immigrant background as an assistant is a great idea to transfer
IT	Leathers work laboratory	√		Х		We have similar facilities in Austria
IT	Independent holidays		Χ	Х		Enforcing the autonomy of PWD
IT	Social education centre II Totem		Х		Х	Very interesting system of individual job-searching support on Saturdays and special trainings of social abilities
PL	Sheltered House	✓		Х		This kind of sheltered house exists also in Austria
PL	European Atmosphere BAR	√		Х		Jugend am Werk has realized the same concept at "incafé" in Graz. PWD are working in the kitchen, in service and in catering with the support of professionals.
FI	Aula KeyRing (Aulan Avainrinki)	√			Х	This concept is 100% transferable to Austria. You get a group of single-living people together and avoid loneliness and isolation
FI	House Käpytikka (Käpytikka-talo)	√			Х	This concept is realized partly in Austria. There are a few parents-organisations, which found associations, which are providing living and working facilities.



UK Wales	Like2Meet: Dating Agency		X	X		The interesting part is, that the owners of the building are different to the organisation that provides the staff. In Austria the organisation is always owner (or tenant) and employer at the same time. In this model the tenants with disabilities have the possibility to change the staff, if they are not content with them. We heard of it in the meeting in Finland and at the conference in Poland. This kind of agency will help isolated and lonesome PWD to find a friend or a partner.
UK NW	Menter Fachwen	√		√		Wonderful practice in absolutely person-centred work People with ID are no longer adapted to suit their environment, but the environment to suit the people with disabilities (motto: "What doesn't fit is made to fit")
UK NW	SEREN Blaenau Festiniog/ Furniture and clothing recycling, workshop and retail	✓			√	Good practice of an integrated sheltered workshop People with disabilities are equally able to perform real work. People with ID can provide work just as highly qualitative and efficient as people without disabilities
UK NW	Warws Werdd/ clothing and furniture recycling center	✓			✓	The organization Warws Werdd can be compared to the Austrian organization 'Carla'. The only difference is that Carla also employs regular workers whereas Warws Werdds employs only people with disabilities.
UK NW	Plas y Coed Day Service	✓		√		Free of charge possibility to use conference premises with computers and Internet access for everybody



UK NW	Gwesty Seren Hotel	V	*		The hotel offers holiday breaks for persons with learning disabilities, their supporters and families in luxury 3* accommodation. Gwesty Seren offers unique arrangements to support people, who usually wouldn't receive such a level of support to enable them enjoying their holidays almost independently.
UK NW	Glynllifon Park	√		✓	Wonderful possibility of occupation for pwd together with people without disab.
UK NW	Coleg Llandrillo Menai Further Education Learning Supprt Unit	✓	✓		People with disabilities are learning crafts, community skills, gardening, animal care, enterprise, keep-ing fit and healthy and develop basic skills in three-year training. Good combination!
UK Cardiff	Sbectrwm CEC	✓		✓	We have a similar type of facility in our association.
UK Cardiff	Pedal Power	✓		✓	There are many specially adapted bikes and trikes which were offered for rent and many people (with disability) use this service Graz is also a bicycle-friendly city – easy to transfer
UK Cardiff	Cardiff International White Water Centre (CIWW)	✓	✓		The large variety of water sports activities offered in Cardiff to all people (and the special program offered to disabled people) is absolutely inclusive Impressing number of volunteers in Cardiff who use their spare time supporting people with disabilities
UK Cardiff	Park View Café	✓		✓	Wonderful inclusive café for anyone with good prices. We run the same concept in our incafé
UK Cardiff	Amelia Trust Farm	√		√	Planting and selling vegetables is an appropriate occupation for PWD. The Café is organized by people with psychic difficulties with the support of pensioned volunteers



OF GOOD PRACTICES INTO OWN ORGANISATION/COUNTRY:

Learning Disabilities Wales

country	name	Pers.	Pers.	Trans-	Transf	description
country	project/feature	visited	visited	ferab.	erab.	GCGC1.PCIG11
	project/reature	yes	no	fully	partly	
Austria	BALANCE Sheltered Workshops		X			
Austria	Das Lunchhaus		X			
Austria	Fachstelle.hautnah		X			
Austria	Integrative Wohngemeinschaft - IWG		х			
Austria	Leben im Alter / Life in advanced age		х			
Austria	Brockenhaus		Х			
Austria	Part-time assistance living, Idlhofgasse Graz	х		х		We enjoyed our visit to this project. Apartments for young people with a learning disability are located in a couple of mainstream apartment blocks situated in a location with good public transport links to the city centre. We met two women one of whom is a parent of a young baby, who explained what life was like for them in their apartments, and how they were supported, and the manager of the



			service. The women invited us to visit their apartments which had good light, were furnished by the women and included a nice balcony. It was evident that the women were very happy and enjoyed their independence. We thought that the service offered was similar to our concepts of 'floating support' but that perhaps more people in Wales could be moving on from a small group home to this sort of accommodation and support.
Austria	Centre of competence and training 'Lauzilgasse'	X	This was a day service that was somewhat traditional but was seeking to change its style of operation. It had been moved from an industrial estate to a shopping centre and a cafe had been opened to serve as a training option and to encourage contact with the public. We had a nice lunch at the cafe and thought that some of the workshop activities, particularly the creation of novelty key rings and the music group reflected the enthusiasm of the staff to successfully motivate service users. Similar services exist in Wales.
Austria	'Alpha Nova' integrated shared flat	X	This service model matches up 2 people with a learning disability who are going to live in an apartment with 2 students who will support them. The students are selected by the two residents and whilst they do not receive a salary their commitment of 10 hours per week of providing support is compensated by their receiving their accommodation and food free. The two floor apartments are located in a very attractive building, with a balcony facing out onto a river and landscaped gardens. We really liked this model and feel it should be reproduced



						in Wales.
Austria	Verein Wegweiser		Х			
Finland	Consulting health care		Х			
Finland	Siltapuisto housing unit		Х			
Finland	Living solution for young people with intellectual disabilities	х			х	We received a presentation about this very interesting project where university architecture students had been invited to join a competition to design accommodation for people with a learning disability. They had come up with some imaginative and novel ideas.
Finland	Best neighbour –local working group		x			
Finland	Aula KeyRing (Aulan Avainrinki)	х		х		We have similar Keyring services in Wales.
Finland	Good practice of living - Hanhenpuisto		х			
Finland	Radio Valo, Club Marginaaliklubi and cooperation within community		х			
Finland	House Käpytikka (Käpytikka-talo)	х		х		This was a house for people with a learning disability that had been built and run by a group of parents. It had been designed with their input and was located in a new suburb of Helsinki. The building and apartments were sleek and modern, with a common shared area where people could socialise and ate together. Support staff appeared to



				prepare most meals. We liked the service and admired the determination of the parents group in overcoming obstacles to create it. A number of organisations in Wales began as parent carer led and perhaps we need to renew some of this feature.
Italy	Casa Verde	X	X	An example of Independent living in an ordinary apartment. We liked the atmosphere in the apartment, the pride and self confidence of the residents and the skilled nature of the support provided by a psychologist and other staff. We also liked the parental involvement in the service. A distinctive and interesting difference for us was that the project specifically tried to identify someone from another potentially devalued background (a recent immigrant or someone with other social care needs as a support worker.
Italy	Leathers work laboratory	X	X	This service undertook contract work, including with the luxury brand, Bottega, which suggested that the workshop produced high quality products. During our visit only 4/5 people with a learning disability were present, working on various tasks to produce leather items which required concentration and attention to detail. It seemed very subdued and formal. Perhaps receiving so many visitors at once may have put people off. For example there was no background music to compensate for what were essentially repetitive tasks.
Italy	C.S.E. Centro Socio Educativo II Totem	x	х	Though this day service was quite traditional we really liked the way in which people were encouraged to create



						wonderful and expressive art from everyday recycled materials.
Italy	"Si puo' fare" (Yes we can) - a short film	X		X		This was a very motivating film.
Italy	'Il Faro' Day care centre	X				We received an interesting presentation about this traditional service.
Italy	Corretta Alimentazione ("Healthy diet") project	Х		x		We received a presentation on this project. It was very well organised and was trying to ensure that people had a much better understanding of what they were eating and could make wiser choices. There have been similar initiatives in Wales.
Italy	ENSO project		х			
Italy	"Vacanze autonomia" (Independent Holidays) organized by the 'II Faro' Day care centre	X				The organisation organised a summer holiday by the sea for a large group of the people they support. It was clear from the presentation and photos that the participants really enjoyed it and that most of them were of a similar relatively young age. Supported living provider organisations in Wales do help the individuals they support to arrange holidays and will accompany them but arranging 'group holidays' in this fashion is not typical. It appears that people with a learning disability in the U.K. have greater access to personal cash benefit payments.
Poland	Sheltered House	Х			x	The residents of this accommodation invited us in to visit them and much to our pleasure clearly considered that they



					were our hosts rather than the staff. Their single bedrooms were furnished to reflect the individual's tastes and they appeared to have freedom to stay in them for as much or as little time as they wished. It was evident that staff were very committed to promoting the independence of the residents. Compared to our supported living arrangements there were rather too many residents in the same building but that did not seem to adversely affect what was a person centred service.
Poland	European Atmosphere BAR	X		X	This is a very well organised service that is successfully attracting members of the public to enjoy a full cafe service, with a menu based on traditional Polish cuisine. People with a learning disability were playing key and prominent role in all aspects of the cafe, and other staff were in the background. We have similar initiatives in Wales, but not always with such an effective emphases upon customer service, a business model and development of skills of staff with a learning disability. Innovate Trust and Menter Fachwen both run cafe so there was a good opportunity to share and learn.
Poland	Individual Assistance Centre		х		
Poland	Occupational Counselling and Support	X		х	This type of service is present in Wales, though is not consistently available to all who would benefit from it. It is a good idea to explicitly link the service to the promotion of



	Centre for People with ID – DZWONI				self advocacy and person centred planning. We liked the emphasis upon finding real jobs for people.
Poland	Self-advocates	x		X	See above comments.
Poland	Social cooperative "Document Garden"		х		
Poland	Weekend self- sufficiency training		X		
Poland	Weekly self- sufficiency training		X		