



Guidelines and success factors for community based living and learning

July 2015



COMBALL is a Grundtvig Learning Partnership



INCLUSION of people with disabilities has a high priority all over Europe.

All European Member Countries ratified the UN – Convention of the Rights of people with disabilities.

The planning and implementation of community based living and inclusive living forms a number of challenges for

- ✚ the social systems,
- ✚ for the society and also
- ✚ for the staff involved in care and support for people with disabilities.

The analysis of necessary preconditions and success-factors for felicitous community based living and inclusive living for people with intellectual and multiple disabilities was done by experts in the field of support of people with disabilities in the context of the European Grundtvig Project COMBALL (2013 – 2015).

Success factors for community based living
Point of view: **Service Providers**

- Start early with the child/parent supporter – thinking and working in direction autonomy
- Ensure facilities and knowledge of services are accessible
- Work with the attitude of person-centred-planning (PCP)
- Get known of each person well
- Use support of (technical) equipment
- Secure funding
- Create a structure of support (and not care)
- Provide services around the individual person
- Provide the service in the middle of the community – not creating a “ghetto”
- Provide self reliance training, people with disabilities need skills to live in the community
- Encourage positive roles, that have value to society, for people with disabilities actively
- Arrange good exchanges of information between all regional organisations

Success factors for community based living Point of view: **parents and family**

- Participate in or found self-help groups
- Be aware of possibilities, services, groups, ...
- Be flexible
- Get to know experts
- Get to know PCP
- Participate in PCP trainings for parents
- Do networking
- Listen to your child
- Do your best to keep a positive view of disability
- Make use of counselling for family members
- Involve yourself in politics to change laws

Success factors for community based living Point of view: **people with disabilities**

- Act as autonomous as possible
- Use technical support
- Take risks
- Failure is ok
- Get known of your rights and obligations
- Participate in self-reliance trainings
- Be actively involved in everyday life
- Know your rights and obligations
- Involve yourself in politics to change laws
- Get access to social media training
- Talk to people
- Find your contribution to society
- Participate in self-advocate organisations
- Involve yourself in politics and to change laws

Success factors for community based living Point of view: **politicians**

- Fund the community and not the institution
- Provide personal-budget also for people with intellectual disabilities
- Make everything accessible for everybody
- Develop an Anti discrimination law in every-day-life
- When a law is passed or a change in the law (e.g. deprivation of Liberty Dols Mental capacity act) - then the legislator should provide information and training for service providers
- Include politicians with disabilities
- Take part in activities and talk to people with disabilities to find out what they want

